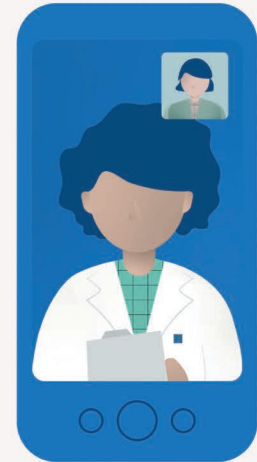





# Get urgent care right away, right from your phone.

You've got 24/7 access to urgent care with Doctor On Demand®.



See a top doctor in as little as five minutes. Our top-rated providers treat 90% of all common ER complaints, from pink eye and UTIs to coughs and colds. All on your phone and on your schedule.

## Connect to high-quality care for urgent and everyday needs.

-  **Connect face-to-face with a top-rated provider** from your smartphone, tablet, or computer.
-  **Get care in as little as 5 minutes** with 24/7/365 access to a network of experienced providers.
-  **Get prescriptions sent to the pharmacy of your choice,** and bloodwork and lab orders to the nearest facility.

## How much does it cost?

Your visit could be free. To find out, log into the app to see how much a visit will cost.

## How do I get started?

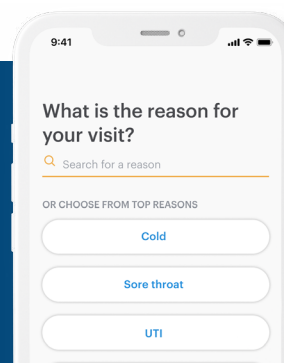
- 1 Download the Doctor On Demand app.**  
Activate your account or login.
- 2 See the next available provider.**  
Connect with a doctor in as little as five minutes.
- 3 Get a a diagnosis and treatment for your symptoms.**  
Have prescriptions sent to your pharmacy and lab, or imaging ordered if needed.

\*Visit [www.tricare.mil/costs](http://www.tricare.mil/costs) for details. Out-of-pocket costs and referral requirements for telehealth are the same as those for in-person visits. Reminder: Active duty service members require referrals for urgent care and mental health visits through Doctor on Demand. If you are not an active duty service member, you do not require a referral.

## Activate your account.

[doctorondemand.com/hnfs](http://doctorondemand.com/hnfs)

1-800-997-6196



Download the app

